






**KEJOHANAN OLAHRAGA PAHANG KE 55 /2022**  
**STADIUM SEKOLAH SUKAN MALAYSIA GAMBANG PAHANG**  
**KEPUTUSAN LELAKI**


	NO ACARA	101 (10.000 M) J/KAKI		
	KTG	LELAKI		
	MASA	7.30 PG	AKHIR 	RKD N,PHG 47:28.0s
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	450	MUHAMMAD HANIF HUMAIDI BIN MD. RAMLEEY	SSMP	55:21.29s
2	451	MUHAMMAD ANIQ NAUFAL BIN MUZAKRIS	SSMP	57:57.21s
3	453	WAN MUHAMMAD HAKIMI NUKMAN BIN WAN MOHD HAIRIE	SSMP	58:23.59s
4	452	MUHAMMAD IRFAN HAMDANI BIN MAT NOOR	SSMP	58:53.47s
5	193	RAAVI KUMARAN A/L KRISHNAN	TUDM	59:26.55s
6	131	MUHAMMAD FARIS AMZAR BIN MUZAKRIS	BEBAS	59:31.58s
7	095	MUHAMMAD ALIFF BIN MUBARAK AHMAD	WIPERS	1:01,16.49s
8	192	RAMANAN A/L MOGHAN	TUDM	1:02,29.85s
9	454	MUHAMMAD FAHMI BIN MOHMAD	SSMP	DNF
10	458	AFIQ ZUFAIRI BIN AZIZI	SSMP	DNF
11	449	AWLIYA ANAQI BIN HAIRIMI	SSMP	DNF


	NO ACARA	103 (TUKUL BESI)		
	KTG	LELAKI		
	MASA	8.00 PG	AKHIR 	RKD N,PHG : 44.94 m
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	097	MUHAMMAD AIMAN HAKIM BIN JAMAL	UPM	42.73m
2	124	RIZHAN BIN RAJMI	PDRM	42.56m
3	139	MOHAMAD FAIZAL BIN A LATIFF	JOHOR	41.15m


	NO ACARA	106 (5000 M)		
	KTG	LELAKI		
	MASA	9.00	AKHIR  RKD N,PHG : 14:55.1s	
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	154	DAREN JAMES NAIR A/L RODNEY JAMES	KPT	15:39.14s
2	180	AHMAD LUTH BIN HAMIZAN	SSTMI	16:22.86s
3	133	YAZID HARITH B. SYAHRUL ANUAR	JOHOR	17:10.03s
4	063	ABDUL QUZAIMI BIN KIS DINUMA	TRG	17:23.81s
5	459	KHAIRUL IKHWAN BIN ZULKEFLI	SSMP	18:11.17s
6	182	MATHAN RAJ AL GUNASAGARAN	SSTMI	18:12.60s
7	435	SYED ALI ZAINAL ABIDIN BIN SYED TAHA	SSMP	18:17.42s
8	431	MUHAMMAD DANISH HAIKAL BIN MAZLAN	SSMP	20:22.78s
9	455	<b>MUHAMMAD HAIKAL FAREEZ BIN AZMAN</b>	SSMP	20:23.00s
10	436	CHE MUHAMMAD ZULHAZRIQ HANIF BIN CHE MOHD ROSLI	SSMP	DNF
11	131	MUHAMMAD FARIS AMZAR BIN MUZAKRIS	BEBAS	DNS
12	186	RISITHARAN ACHARI A/L THIRUVALUVAR	TUDM	DNS
13	196	MUHAMMAD FAIZ BIN OSMERA	INDV	DNS


	NO ACARA	114 (100 M)		
	KTG	LELAKI		
	MASA	10.00 PG	S/ AKHIR 1  RKD N,PHG : 10.36s W: -0.5	
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	175	MOHAMMAD THAQIF BIN MOHAMMAD HISHAM	SSTMI	11.07s
2	411	AMMAR AFFANDI B. AB SHAHIR	SSMP	11.32s
3	406	MUHAMMAD AQIL LUQMAN B. MOHD AZLAN	SSMP	12.07s
4	115	YOU CHE JEFRIDIN	PDRM	DQ
5	024	MOHD SAIFULIZAN B MOHD HAFIZIN	MSSP	DNR
6	012	MUHAMMAD HAIKAL BIN MD AMIN	SHAHSARA	DNR
7				
8				


	<b>NO ACARA</b>	<b>114 (100 M)</b>	<b>S/AKHIR 2</b>  <b>RKD N,PHG : 10.36s</b> <b>W: - 0.5</b>	
	<b>KTG</b>	<b>LELAKI</b>		
	<b>MASA</b>	<b>10.00 PG</b>		
<b>BIL</b>	<b>NO BIB</b>	<b>NAMA</b>	<b>PASUKAN</b>	<b>CATATAN</b>
1	163	MUHAMMAD YUSRIDZWAN DANIAL BIN YUSOF	KPT	10.97s
2	114	AZHAM BIN OSMAN	PDRM	12.06s
3	403	MOHD JALANI B. IBRAHIM	SSMP	13.14s
4	077	MOHAMAD AKIF FARHAN	MSP	13.39s
5	014	TAN RU EE	SHAHSARA	DNR
6	030	MUHD HAIKAL HAKIMI BIN ZAKI	MSSP	DNR
7	017	NEALFAIZ ADAM BIN MOHAMAD NAZRUL NAZIB	SHAHSARA	DNR
8				


	<b>NO ACARA</b>	<b>114 (100 M)</b>	<b>S/AKHIR 3</b>  <b>RKD N,PHG : 10.36s</b> <b>W: -0.1</b>	
	<b>KTG</b>	<b>LELAKI</b>		
	<b>MASA</b>	<b>10.00 PG</b>		
<b>BIL</b>	<b>NO BIB</b>	<b>NAMA</b>	<b>PASUKAN</b>	<b>CATATAN</b>
1	140	DANIEL ALONSO ANAK LIDI	JOHOR	11.30s
2	412	NURISMAT HASSANOMAR B. OTHMAN	SSMP	11.70s
3	047	MUHAMMAD ARIF NAJDAT BIN HASSAN	SSBJ	12.18s
4	402	MUHAMMAD AQIL HAIL B. MOHD RIDZUAN	SSMP	12.18s
5	083	MUHAMMAD AIREL	MSP	13.67s
6	150	JOHNATHAN NYEPA	KPT	DNR
7	018	SAID ALI BIN ABU BAKAR	SHAHSARA	DNR
8				


	<b>NO ACARA</b>	<b>114 (100 M)</b>	<b>S/AKHIR 4</b>  <b>RKD N,PHG : 10.36s</b> <b>W: - 1.1</b>	
	<b>KTG</b>	<b>LELAKI</b>		
	<b>MASA</b>	<b>10.00 PG</b>		
<b>BIL</b>	<b>NO BIB</b>	<b>NAMA</b>	<b>PASUKAN</b>	<b>CATATAN</b>
1	141	MUHAMMAD DANISH NABIL BIN	JOHOR	11.47s
2	054	WAN MUHAMMAD NAZREEN HAZIQ BIN WAN MOHD NAZRI	TRG	12.00s
3	168	MUHAMMAD AZIQ BIN MOHAMMAD BIDIN	SSTMI	12.43s
4	442	QAYYIM ZIKRI UKAIL BIN SAHBUDDIN	SSMP	14.02s
5	443	MUHAMMAD HARIZ BIN MUHAMMAD MAZUAN	SSMP	DNR
6	158	MOHAMAD RAIMI BIN MUSTAFFA KAMAL	KPT	DNR
7	092	ZAIMAN MEGAT ABU	PSOPM	DNR
8				


	<b>NO ACARA</b>	<b>114 (100 M)</b>	<b>S/AKHIR 5</b>  <b>RKD N,PHG : 10.36s</b> <b>W: -0.5</b>	
	<b>KTG</b>	<b>LELAKI</b>		
	<b>MASA</b>	<b>10.00 PG</b>		
<b>BIL</b>	<b>NO BIB</b>	<b>NAMA</b>	<b>PASUKAN</b>	<b>CATATAN</b>
1	137	MUHAMMAD KHAIRUL HASNI BIN HUSAINI	JOHOR	11.26s
2	167	MUHAMMAD ADAM BIN MOHD SYARIL	SSTMI	11.73s
3	448	MOHD AKMAL HARITH BIN ZOLKIPLI	SSMP	12.36s
4	439	MOHAMMAD QIWAMUDDIN BIN ZAIDI	SSMP	12.59s
5	437	KHAIRISH ARYZAQWAN BIN KHAIRULAZRI	SSMP	12.96s
6	090	NUR SHAHDAN MUHAMAD	PSOPM	DNR
7	093	MUHAMMAD NOR NASREL HAFIZ MOHD NASIR	PSOPM	DNR
8				


	<b>NO ACARA</b>	<b>114 (100 M)</b>	<b>S/AKHIR 6</b>  <b>RKD N,PHG : 10.36s</b> <b>W: -0.3</b>	
	<b>KTG</b>	<b>LELAKI</b>		
	<b>MASA</b>	<b>10.00 PG</b>		
<b>BIL</b>	<b>NO BIB</b>	<b>NAMA</b>	<b>PASUKAN</b>	<b>CATATAN</b>
1	096	ADAM HAQIMI BIN AZRAIL	WIPERS	11.31s
2	172	MUHAMMAD AIDIL AZHAR	SSTMI	11.36s
3	170	PRAVEEN RAJ A/L MOGAN	SSTMI	11.42s
4	438	ADIB IZUDDIN BIN MOHD AMRI	SSMP	12.38s
5	440	WAN RAOUL FARRIS BIN WAN AHMAD KAMAL	SSMP	12.96s
6	011	MUHAMMAD RIFAIE BIN MOHAMMAD RAHMAT	SHAHSARA	DNR
7				
8				

	<b>NO ACARA</b>	<b>116 (400 M)</b>	<b>AKHIR 1</b>  <b>RKD N,PHG : 46.4s</b>	
	<b>KTG</b>	<b>LELAKI</b>		
	<b>MASA</b>	<b>10.30 PG</b>		
<b>BIL</b>	<b>NO BIB</b>	<b>NAMA</b>	<b>PASUKAN</b>	<b>CATATAN</b>
1	145	MUHAMMAD ILHAM BIN SUHAIM	KPT	51.41s
2	070	MOHAMAD HAKIMI BIN NOR AMALI	MSP	54.71s
3	038	IRMAN HAKIMI	SSBJ	55.97s
4	024	MOHD SAIFULIZAN B MOHD HAFIZIN	MSSP	56.41s
5	401	MUHAMMAD AKMAL IZZAT B. MOHD SAIFUL NIZAM	SSMP	60.77s
6	029	MUHAMMAD NUR SYAMIR BIN ADANAN	MSSP	DNR
7	010	MOHAMMAD RADZI BIN HAZRI	SHAHSARA	DNR
8				


	<b>NO ACARA</b>	<b>116 (400 M)</b>	<b>AKHIR 2</b>  <b>RKD N,PHG : 46.4s</b>	
	<b>KTG</b>	<b>LELAKI</b>		
	<b>MASA</b>	<b>10.30 PG</b>		
<b>BIL</b>	<b>NO BIB</b>	<b>NAMA</b>	<b>PASUKAN</b>	<b>CATATAN</b>
1	076	LUQMANNUL HAKIM BIN KHAIRUL AKMAL	MSP	49.25s
2	055	MUHAMMAD SYAKIR DANIEL BIN FAUZI	TRG	50.38s
3	427	SRI MURUGAN A/L SUNDRAMOOTHY	SSMP	53.34s
4	048	AKMAL BIN KIFFLYZA	SSBJ	57.58s
5	430	MUHAMMAD HAZREEN BIN HAZNUN	SSMP	58.32s
6	082	SAID RUSLAN BIN ZULFAN	MSP	58.63s
7	021	MUHAMAD NURSYAHAZRIN BIN MOHD RASID	MSSP	DNR
8	015	SARAVANAN A/L RENGANATHAN	SHAHSARA	DNR

	NO ACARA	116 (400 M)	<b>AKHIR 3</b>  <b>RKD N,PHG : 46.4s</b>	
	KTG	LELAKI		
	MASA	10.30 PG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	159	MUHAMMAD FIRDAUS BIN MOHAMAD ZEMI	KPT	49.55s
2	414	MUHAMMAD HAZIQ B. MOHAMAD AKHIR	SSMP	50.12s
3	417	MUHAMMAD HAZUWAN B. MUKELIS	SSMP	51.03s
4	037	AMIRUL YUSOF	SSBJ	57.61s
5	086	AZAM HARITH BIN AHMAD IZAM	MSP	61.67s
6	116	FAIZ BIN MUSA	PDRM	DNR
7				
8				

	NO ACARA	116 (400 M)	<b>AKHIR 4</b>  <b>RKD N,PHG : 46.4s</b>	
	KTG	LELAKI		
	MASA	10.30 PG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	179	AVINASHWER AUSTIN A/L MURUGAN	SSTMI	49.43s
2	188	MOHD IKMAL BIN SAIFUL BAHRI	TUDM	51.61s
3	135	MOHAMAD KHAIRUL REZEKI B. KAMAL	JOHOR	60.06s
4	433	AMMAR HAKEEM BIN MOHD FUAD	SSMP	61.56s
5	432	SERAN KUMAR A/L MUNIANDY	SSMP	63.01s
6	425	JEEVA PRIYAN A/L BIKROMOPOTI	SSMP	65.40s
7	022	DANIEL HAQIM BIN AZAHARI	MSSP	DNR
8				


	NO ACARA	116 (400 M)	<b>AKHIR 5</b>  <b>RKD N,PHG : 46.4s</b>	
	KTG	LELAKI		
	MASA	10.30 PG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	065	ABDUL WAFIY BIN ROSLAN	TRG	51.69s
2	073	MUHAMMAD ADIB IZUDIN BIN FAMIE IZUDIN	MSP	56.33s
3	423	SHAZRIL ASRAF BIN SHAMSULBAHRY	SSMP	58.56s
4	169	PUTERA MUHAMMAD QAID MUAZ	SSTMI	59.58s
5	426	ADAM ALIF BIN GHAZALI	SSMP	64.83s
6	152	WAN MUHAMMAD FAZRI BIN WAN ZAHARI	KPT	DNR
7				
8				

## 8 Best Timing and Winners

	NO ACARA	116 (400 M)	 <b>AKHIR RKD</b> <b>N,PHG : 46.4s</b>	
	KTG	LELAKI		
	MASA	10.30 PG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	076	LUQMANNUL HAKIM BIN KHAIRUL AKMAL	MSP	49.25s
2	179	AVINASHWER AUSTIN A/L MURUGAN	SSTMI	49.43s
3	159	MUHAMMAD FIRDAUS BIN MOHAMAD ZEMI	KPT	49.55s
4	414	MUHAMMAD HAZIQ B. MOHAMAD AKHIR	SSMP	50.12s
5	055	MUHAMMAD SYAKIR DANIEL BIN FAUZI	TRG	50.38s
6	417	MUHAMMAD HAZUWAN B. MUKELIS	SSMP	51.03s
7	145	MUHAMMAD ILHAM BIN SUHAIM	KPT	51.41s
8	188	MOHD IKMAL BIN SAIFUL BAHRI	TUDM	51.61s


	NO ACARA	118 (LOMPAT JAUH)	 <b>AKHIR</b> <b>RKD</b> <b>N,PHG : 7.32m</b>		
	KTG	LELAKI			
	MASA	10.30 PG			
BIL	NO BIB	NAMA	PASUKAN	CATATAN	
					W
1	051	MUHAMMAD SHAHRIZAL NASHARUDDIN BIN ISHAM	TRG	7.48m	- 4.4
2	106	ABDUL LATIF ROMLY	MSN PARA	7.47m	-4.4
3	157	LUQMAN HAKIM BIN RAMLAN	KPT	7.45m	-4.0
4	197	SHAREEM ALEIMRAN	CA MONTREUIL 93	6.80m	-4.1
5	074	RAY SHAM BIN RAYA	MSP	6.51m	-3.8
6	040	MUHAMMAD HANIF BIN CHE HAMID	SSBJ	6.49m	-3.1
7	047	MUHAMMAD ARIF NAJDAT BIN HASSAN	SSBJ	6.33m	-2.9
8	107	ZULKIFLY ABDULLAH	MSN PARA	6.26m	-4.1
9	189	JONATHAN BIN LARUS	TUDM	6.06m	-2.0
10	420	MUHAMMAD IMRAN BIN ABDULLAH	SSMP	5.95m	-1.3
11	098	MOHAMMAD ZAKARIYA BIN MINSURI	UPM	5.84m	-3.5
12	108	EDDY BERNARD	MSN PARA	5.84m	-1.5
13	075	MUHAMMAD AQIL BIN JAIDI	MSP	5.83m	-1.5
14	043	MUHAMMAD ASYRAF AIMAN	SSBJ	5.73m	-2.9
15	125	MOHAMAD SHAHRIZAL BIN ZAKARIA	PDRM	5.65m	-4.0
16	041	ADAM HAKIMI BIN MUZAITAIRIL	SSBJ	5.59m	-2.0
17	447	MUHAMMAD AMIRUL HAKIMI BIN KAMARULZAMAN	SSMP	5.57m	-1.8
18	446	NIK MUHAMMAD IRFAN BIN NIK MOHD AMIRUDDIN	SSMP	5.54m	-0.7
19	444	MUHAMMAD ISYRAF BIN NORHAIZAL	SSMP	5.48m	-2.4
20	025	MUHAMMAD HAZIQ DANISH BIN ABDULLAH	MSSP	5.46m	-4.1
21	196	SAIF SULAIMAN SUKRAN BIN MOHD SUKRAN	WHITE SAND	5.17m	-2.3
22	445	DARRICK ACHO BALLANG	SSMP	5.17m	-0.7
23	443	MUHAMMAD HARIZ BIN MUHAMMAD MAZUAN	SSMP	4.94m	-2.4
24	424	MUHAMMAD DANIAL HAIKAL BIN ROSLI	SSMP	4.86m	-0.5
25	442	QAYYIM ZIKRI UKAIL BIN SAHBUDDIN	SSMP	4.19m	-1.3
26	096	ADAM HAQIMI BIN AZRAIL	WIPERS	NR	-2.9
27	441	MUHAMMAD AZMI IRFAN BIN NURAZMIRA	SSMP	NR	-4.1
28	042	ADAM HAQIMI BIN AZRAIL	SSBJ	NR	-2.0
29	421	ADAM ARASY BIN NOOR ASYIDDIN	SSMP	NR	-1.3




	NO ACARA	119 (LONTAR PELURU)		
	KTG	LELAKI		
	MASA	10.30 PG	AKHIR 	RKD N,PHG : 14.04m
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	110	MUHAMMAD ZIYAD ZOLKEFLI	MSN PARA	16.62m
2	422	MOHAMAD SHAHRUL BIN MOHAMAD TARMIZI	SSMP	<b>14.04m</b>
3	111	MOHAMAD ALIFF MOHAMAD AWI	MSN PARA	12.31m
4	178	MUHAMMAD NAZMIRUL HAQEEM	SSTMI	11.69m
5	060	MUHAMMAD HAFIZIN ZUFAYRI B MAHADI	TRG	10.67m
6	176	NASRUL BIN ABD HALIM	SSTMI	9.57m
7	027	MOHAMAD FARIS BIN MUZHAFAR	MSSP	9.37m
8	059	SYAZWAN IFWAT BIN MAHADZIR	TRG	9.19m
9	048	AKMAL BIN KIFFLYZA	SSBJ	7.62m
10	102	FARIS HAZIM JAMALUDDIN	UPM	DNR
11	155	KAMAL FARHAN BIN A.RAHMAN	KPT	DNR


	NO ACARA	121 (1500 M )		
	KTG	LELAKI		
	MASA	11.00 PG	AKHIR 	RKD N,PHG : 3:45.99s
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	418	ANAS B. ARIFFIN	SSMP	4:20.16s
2	190	GOKULRAJ AL BALAKRISHNAN	TUDM	4:20.28s
3	062	MUHAMAD SHARIL AIMAN B MOHD NOOR	TRG	4:23.96s
4	132	MUHAMMAD AMNAN HAIKAL BIN ROSLAN	WHITE SAND	4:30.08s
5	064	MUHAMMAD THAQIF LUTFI B AZMAN	TRG	4:30.37s
6	136	UMAR BIN OSMAN	JOHOR	4:31.99s
7	429	VASHANTH A/L PUTHISIRAMANI	SSMP	4:53.82s
8	007	MICHEL THOMAS	INDV	4:56.68s
9	023	ZULKARNAIN BIN ABDUL RAHIM	MSSP	4:56.77s
10	028	MUHAMMAD ARIEF SYAHREZA B MOHD AZIZI	MSSP	5:22.35s
11	068	UZAIRI THAIHAH	MSP	5:43.48s
12	001	PARAMESWARAN AL SELVARAJO	INDV	DNR
13	191	MAHESWAREN A/L SHANMUGAM	TUDM	DNR
14	196	MUHAMMAD FAIZ BIN OSMERA	INDV	DNR
15	117	MUHD EUSSOFREY BIN HANIS	PDRM	DNR


	NO ACARA	123 (110 M L/P )	AKHIR  RKD N,PHG : 15.00s W: -4.2	
	KTG	LELAKI		
	MASA	11.40 PG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	146	MOHD RIZZUA HAIZAD BIN MUHAMAD	KPT	14.71s
2	147	BENEDICT IAN GAWOK	KPT	15.17s
3	122	MOHD EMYRULHAZIQ BIN BORHAN	PDRM	15.85s
4	057	MUHAMMAD ADHA AJWAD BIN AHMAD RIZAL	TRG	16.16s
5	415	MUHAMMAD HILMI ZAKUWAN B. YUSRI AZHAR	SSMP	16.45s
6	003	ARIFZAL HASMI BIN ZAINON	TCK	16.77s
7	404	MUHAMMAD AIZAT FALIQ B. MOHD FADIL	SSMP	DNR
8				


	NO ACARA	125 (4 X 100 )	AKHIR  RKD N,PHG : 47.51s	
	KTG	LELAKI		
	MASA	12.20 PG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1		SSTMI		42.11s
2		SSMP 1		43.69s
3		MSP		47.31s
4		SSMP 2		47.34s
5				
6				
7				
8				


	NO ACARA	127 ( LOMPAT KIJANG)		
	KTG	LELAKI		
	MASA	2.00 PTG		
			AKHIR  RKD N,PHG : 15.46m W: - 1.5	
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	198	ANDRE ANURA ANUAR	CA MONTREUIL 93	16.18m
2	002	MOHAMAD SHAH SHOLIHIN BIN AZSHAR	TCK	15.60m
3	099	MUHAMMAD NAFEEZ AKMAL BIN ZAMRI	UPM	14.73m
4	040	MUHAMMAD HANIF BIN CHE HAMID	SSBJ	14.02m
5	052	MOHAMAD AMIR ZULQAIN BIN ZAINUDIN	TRG	14.00m
6	074	RAY SHAM BIN RAYA	MSP	13.95m
7	100	BROLYN JOEL NUMPANG ANAK HOLLAND	UPM	13.59m
8	042	ADAM HAQIMI BIN AZRAIL	SSBJ	13.27m
9	419	MUHAMMAD ZAIM HANIF BIN MOHD ZAMANEE	SSMP	DNR
10	043	MUHAMMAD ASYRAF AIMAN	SSBJ	DNR
11	025	MUHAMMAD HAZIQ DANISH BIN ABDULLAH	MSSP	DNR
12	041	ADAM HAKIMI BIN MUZAITAIRIL	SSBJ	DNR


	NO ACARA	129 (100 M )		
	KTG	LELAKI		
	MASA	2.15 PTG		
			AKHIR  RKD N,PHG : 10.36s W: -2.0	
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	163	MUHAMMAD YUSRIDZWAN DANIAL BIN YUSOF	KPT	10.94s
2	175	MOHAMMAD THAQIF BIN MOHAMMAD HISHAM	SSTMI	11.05s
3	140	DANIEL ALONSO ANAK LIDI	JOHOR	11.17s
4	172	MUHAMMAD AIDIL AZHAR	SSTMI	11.28s
5	137	MUHAMMAD KHAIRUL HASNI BIN HUSAINI	JOHOR	11.29s
6	411	AMMAR AFFANDI B. AB SHAHIR	SSMP	11.36s
7	170	PRAVEEN RAJ A/L MOGAN	SSTMI	11.59s
8	096	ADAM HAQIMI BIN AZRAIL	WIPERS	DNS


	NO ACARA	131 (400 M L/P)	<b>AKHIR 1</b>  <b>RKD</b> <b>N,PHG : 52.12s</b>	
	KTG	LELAKI		
	MASA	2.50 PTG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1				
2	021	MUHAMAD NURSYHAZRIN BIN MOHD RASID	MSSP	64.32s (7)
3	038	IRMAN HAKIMI	SSBJ	65.43s (9)
4	086	AZAM HARITH BIN AHMAD IZAM	MSP	68.88s (12)
5	039	EASON ANG YI XIANG	SSBJ	DNR
6	050	MUHAMMAD KHUZAIRI BIN MAZLAN	TRG	59.39s (1)
7	016	NEOFARIS ARMAN NASIHIN BIN MOHAMAD	SHAHSARA	DNR
8	037	AMIRUL YUSOF	SSBJ	66.09s (10)


	NO ACARA	131 (400 M L/P)	<b>AKHIR 2</b>  <b>RKD N,PHG : 52.12s</b>	
	KTG	LELAKI		
	MASA	2.50 PTG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	045	CHRIST ENDREE ANAK MOLEM	SSBJ	64.20s(6)
2	144	RUSLEM ZIKRY PUTRA BIN ROSELI	KPT	DNR
3	407	MUHAMMAD FIROSS B. MOHD FAIZAL	SSMP	59.73s(2)
4	053	MUHAMMAD AFIQ AIMAN BIN NAZMI	TRG	66.54s (11)
5	047	MUHAMMAD ARIF NAJDAT BIN HASSAN	SSBJ	63.64s (5)
6	405	ALHAM SHARAFUDDIN B. MOHAMAD	SSMP	65.09s (8)
7	187	MUHD AMIRUL ASYRAF BIN REBINOR	TUDM	60.06s (3)
8	044	MUHAMMAD AZRI BIN AMRAN	SSBJ	61.93s (4)

	<b>NO ACARA</b>	<b>132 (LEMPAR CAKERA )</b>		
	<b>KTG</b>	<b>LELAKI</b>		
	<b>MASA</b>	<b>3.00 PTG</b>	<b>AKHIR</b> 	<b>RKD N,PHG</b> <b>41.70m</b>
<b>BIL</b>	<b>NO BIB</b>	<b>NAMA</b>	<b>PASUKAN</b>	<b>CATATAN</b>
1	155	KAMAL FARHAN BIN A.RAHMAN	KPT	47.71m
2	134	TAN JING CHENG	JOHOR	43.31m
3	060	MUHAMMAD HAFIZIN ZUFAYRI B MAHADI	TRG	39.94m
4	058	AHMAD ZAKWAN IDIN BIN ALIAS	TRG	39.08m
5	460	MUHAMMAD FIRYAL ASYQIL BIN MOHD ZAWAWI	SSMP	37.53m
6	126	KAMARUL IZZWAN BIN AZIZ	PDRM	33.02m
7	079	MOHAMMAD RIDZUAN BIN OTHMAN	MSP	32.79m
8	177	MOHAMAD FIRDAUS BIN MARKUM	SSTMI	31.06m
9	135	MOHAMAD KHAIRUL REZEKI B. KAMAL	JOHOR	23.43m
10	030	MUHD HAIKAL HAKIMI BIN ZAKI	MSSP	DNR
11	102	FARIS HAZIM JAMALUDDIN	UPM	DNR


	NO ACARA	135 ( 200 M)	<b>AKHIR 1</b>  <b>RKD N,PHG</b> <b>24.39s</b> <b>W :-2.1</b>	
	KTG	LELAKI		
	MASA	3.10 PTG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1				
2	022	DANIEL HAQIM BIN AZAHARI	MSSP	DNS
3	077	MOHAMAD AKIF FARHAN	MSP	27.41s
4	009	MUHAMMAD AFIQ ZAKWAN BIN ZAINAL AZMAN	SHAHSARA	DNS
5	092	ZAIMAN MEGAT ABU	PSOPM	DNS
6	116	MOHD FAIS BIN MUSA	PDRM	DNS
7	048	AKMAL BIN KIFFLYZA	SSBJ	25.33s
8	137	MUHAMMAD KHAIRUL HASNI BIN HUSAINI	JOHOR	DNS


	NO ACARA	135 ( 200 M)	<b>AKHIR 2</b>  <b>RKD N,PHG</b> <b>24.39s</b> <b>W: -2.7</b>	
	KTG	LELAKI		
	MASA	3.10 PTG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1				
2	439	MOHAMMAD QIWAMUDDIN BIN ZAIDI	SSMP	25.90s
3	029	MUHAMMAD NUR SYAMIR BIN ADANAN	MSSP	DNS
4	081	MUHAMMAD IKHWAN FIRDAUS	MSP	DNS
5	084	LEONG YEOW SHING	MSP	28.76
6	013	FAKRULHARIS BIN HISHAM BI	SHAHSARA	DNS
7	115	YOU CHE JEFRIDIN	PDRM	23.98s
8	016	NEOFARIS ARMAN NASIHIN BIN MOHAMAD NAZRUL NAZIB	SHAHSARA	DNS


	NO ACARA	135 ( 200 M)	<b>AKHIR 3</b>  <b>RKD N,PHG</b> <b>24.39s</b> <b>W: -2.7</b>	
	KTG	LELAKI		
	MASA	3.10 PTG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1				
2	174	MUHAMMAD IDHAM BIN ROSLI	SSTMI	DNF
3	008	MUHAMMAD AKMAL BIN KASIM	SHAHSARA	DNS
4	437	KHAIRISH ARYZAQWAN BIN KHAIRULAZRI	SSMP	26.92s
5	156	RYAN WONG ZHEN NAM	KPT	DNS
6	173	NABIL ALWANI BIN RIZAL ALWANI	SSTMI	23.11s
7	085	VINOD JAYA KANNA	MSP	30.86s
8				

	NO ACARA	135 ( 200 M)		
	KTG	LELAKI		
	MASA	3.10 PTG	AKHIR 4 	RKD N,PHG 24.39s W: -1.7
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1				
2	140	DANIEL ALONSO ANAK LIDI	JOHOR	22.85s
3	438	ADIB IZUDDIN BIN MOHD AMRI	SSMP	25.76s
4	093	MUHAMMAD NOR NASREL HAFIZ MOHD NASIR	PSOPM	DNS
5	141	MUHAMMAD DANISH NABIL BIN	JOHOR	23.20s
6	413	MUHAMMAD HASRUL NAJMI B. BADRUL	SSMP	22.61s
7	011	MUHAMMAD RIFAIE BIN MOHAMMAD RAHMAT	SHAHSARA	DNS
8				

BEST 8 TIMING AND WINNER

	NO ACARA	135 ( 200 M)		
	KTG	LELAKI		
	MASA	3.10 PTG	AKHIR 	RKD N,PHG 24.39s
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	413	MUHAMMAD HASRUL NAJMI B. BADRUL	SSMP	22.61s RK BARU
2	140	DANIEL ALONSO ANAK LIDI	JOHOR	22.85s
3	173	NABIL ALWANI BIN RIZAL ALWANI	SSTMI	23.11s
4	141	MUHAMMAD DANISH NABIL BIN	JOHOR	23.20s
5	115	YOU CHE JEFRIDIN	PDRM	23.98s
6	048	AKMAL BIN KIFFLYZA	SSBJ	25.33s
7	438	ADIB IZUDDIN BIN MOHD AMRI	SSMP	25.76s
8	439	MOHAMMAD QIWAMUDDIN BIN ZAIDI	SSMP	25.90s

	NO ACARA	136 ( 3000 M L/B)	 <b>AKHIR</b> <b>RKD N,PHG : 9:20.23s</b>	
	KTG	LELAKI		
	MASA	3.30 PTG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1	078	MOHAMAD IKBOLESEN BIN MD KAMAL HUSSAIN	MSP	9:48.17s
2	132	MUHAMMAD AMNAN HAIKAL BIN ROSLAN	WHITE SAND	11:05.31s
3	069	DEENASH A/L MUKUMNNAN	MSP	11:42.38s
4	026	MUHAMMAD SYARIFUDDIN BIN ARSHAD	MSSP	14:49.55s
5	028	MUHAMMAD ARIEF SYAHREZA B MOHD AZIZI	MSSP	DNS
6	091	MUHAMMAD SHAHRUL AZMER BIN AZMAN	PSOPM	DNS
7	180	AHMAD LUTH BIN HAMIZAN	SSTMI	DNS
8				

	NO ACARA	138 (4X400M)	 <b>AKHIR</b> <b>RKD N,PHG : 3:21.50s</b>	
	KTG	LELAKI		
	MASA	4.20 PTG		
BIL	NO BIB	NAMA	PASUKAN	CATATAN
1		SSMP 1		3:29.01s
2		SSMP 2		3:34.07s
3		SSMP 3		3:55.79s
4				
5				
6				
7				
8				



