



**13 & 14 November 2021**

**MSN Stadium Bukit**

**Jalil**

**OFFICIAL  
RESULTS**



**MALAYSIAN ATHLETICS  
FEDERATION**



**MAF TRACK & FIELD 2021  
OFFICIAL RESULTS**

**Date : 13 November 2021**

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Stage</b>	<b>NOP</b>
101	8.00 a.m.	5000m	Men	Final	<b>3</b>
102	8.15 a.m.	Long Jump	Women	Final	<b>9</b>
103	8.50 a.m.	1500m	Men	Final	<b>3</b>
104	9.10 a.m.	Pole Vault	Men	Final	<b>6</b>
105-1	9.30 a.m.	400m	Women	Final 1	<b>5</b>
150-2	9.40 am	400m	Women	Final 2	<b>5</b>
106	9.50 a.m.	Javelin	Women	Final	<b>5</b>
107	10.00 a.m.	Shot Put	Men	Final	<b>4</b>
108-1	10.10 a.m.	400m	Men	Final 1	<b>5</b>
108-2	10.20 a.m.	400m	Men	Final 2	<b>5</b>
<b>BREAK</b>					
109	3.00 p.m.	High Jump	Women	Final	<b>3</b>
110	3.10 p.m.	Triple Jump	Men	Final	<b>3</b>
111	3.30 p.m.	3000m S/Chase	Men	Final	<b>5</b>
112	3.45 p.m.	Discuss	Men	Final	<b>6</b>
113-1	4.00 p.m.	100m	Women	Final 1	<b>6</b>
113-2	4.10 p.m.	100m	Women	Final 2	<b>5</b>
114-1	4.30 p.m.	100m	Men	Final 1	<b>6</b>
114-2	4.40 p.m.	100m	Men	Final 2	<b>6</b>

**Date : 14 November 2021**

<b>Event No.</b>	<b>Time</b>	<b>Event</b>	<b>Category</b>	<b>Stage</b>	<b>NOP</b>
201	8.00 a.m.	Long Jump	Men	Final	<b>7</b>
202	8.10 a.m.	400m Hurdles	Men	Final	<b>2</b>
203	8.30 a.m.	High Jump	Men	Final	<b>5</b>
204	8.40 a.m.	800m	Women	Final	<b>5</b>
205	9.00 a.m.	800m	Men	Final	<b>3</b>
206	9.10 a.m.	Discuss	Women	Final	<b>6</b>
207	9.20 a.m.	200m	Women	Final	<b>3</b>
208	9.40 a.m.	200m	Men	Final	<b>8</b>
209	10.10 a.m.	100m Hurdles	Women	Final	<b>6</b>
210	10.30 a.m.	110m Hurdles	Men	Final	<b>6</b>



**MAF TRACK & FIELD 2021  
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Time	Event No	Event	Category	Level	Record
8.00 a.m.	101	5000m	Men	Final	14:06.84
Position	Bib No	Name	Team	Achivement	Remarks
1	M151	MUZAMEL BIN MOKHTAR	UPM-MASUM	17:42.7	
2	M148	AHMAD MUHAMMAD BIN HAMIZAN	UPM-MASUM	18:30.0	
	M144	VASANTHAN A/L BALAKRISHNAN	UPM-MASUM		DNS

Time	Event No	Event	Category	Level	Record
8.15 a.m.	102	Long Jump	Women	Final	6.29m
Position	Bib No	Name	Team	Achivement	Remarks
1	W246	NUR ASYIKIN BINTI ABAS	PELAPIS	5.78m	
2	W234	KIRTHANA RAMASAMY	PODIUM	5.65m	
3	W243	NUR SARAH BINTI ADI	UPM-MASUM	5.62m	
4	W226	MAHIRA HANIS	PELAPIS	5.32m	
5	W225	ENG MAY XIN WINNIE	PELAPIS	5.23m	
6	W206	SITI ZUBAIDAH BT ADABI	ATM	5.18m	
7	W242	NG YUN JIE	UPM-MASUM	4.96m	
8	W235	ANIS SAHIRA BINTI MALAGUSTIN	SSBJ	4.96m	
9	W219	RUBY LEE JIA YU	SARAWAK	4.82m	

Time	Event No	Event	Category	Level	Record
8.50 a.m.	103	1500m	Men	Final	03:45.70
Position	Bib No	Name	Team	Achivement	Remarks
1	M112	MUHAMAD AMIRUL ARIF	JOHOR	4:01.1	
2	M110	AHMAD LUTH BIN HAMIZAN	N SEMBILAN	4:03.8	
3	M161	DINESH VARMA	PELAPIS	4:10.3	
4	M115	JEFF LIM ZHE YU	SELANGOR	4:26.0	
	M152	ANAS BIN ARIFFIN	UPM-MASUM		DNS

Time	Event No	Event	Category	Level	Record
9.10 a.m.	104	Pole Vault	Men	Final	5.31m
Position	Bib No	Name	Team	Achivement	Remarks
1	M140	ISKANDAR ALWI	PODIUM	5.00m	
2	M133	MUHAMMAD NAUFAL	PELAPIS	4.20m	
3	M141	MUHAMMAD HADZMIER ABDUL MUHAIIMIN	SSBJ	2.50m	
	M122	AIMAN SUFFIAN BIN SHAHRIZAL	JOHOR		DNS
	M156	MUHAMMAD ARIF HAIQAL BIN MOHD AZIZI	UPM-MASUM		DNS
	M123	FARIZ IZHAN BIN JAINAL	JOHOR		DNS



**MAF TRACK & FIELD 2021  
OFFICIAL RESULTS**

<b>Time</b>	<b>Event No</b>	<b>Event</b>	<b>Category</b>	<b>Level</b>	<b>Record</b>
9.30 a.m.	105	400m	Women	Final	52.56
<b>Position</b>	<b>Bib No</b>	<b>Name</b>	<b>Team</b>	<b>Achivement</b>	<b>Remarks</b>
1	W204	NURUL FAIZAH ASMA BINTI MAZLAN	ATM	57.5	
2	W212	TEOH KIM CHI	KEDAH	58.3	
3	W237	MANDY GOH	UPM-MASUM	59.2	
4	W203	KOMALAM SHALLY A/P SELVARATNAM	ATM	60.1	
5	W223	DARSHINI A/P K.MURUGAN	PELAPIS	60.2	
6	W211	ZAIMAH ATIFAH BINBTI ZAINUDDIN	WP KL	61.4	
7	W238	NUR ATHIRAH KHAIRUL NOORMIZAN	UPM-MASUM	61.7	
8	W214	HONG XYAN	PULAU PINANG	62.4	
9	W213	SHARWINI A/P THULASIRAM	KEDAH	65.0	
	W245	TEOH KIM LING	KEDAH		DNS

<b>Time</b>	<b>Event No</b>	<b>Event</b>	<b>Category</b>	<b>Level</b>	<b>Record</b>
9.50 a.m.	106	Javelin	Women	Final	49.34m
<b>Position</b>	<b>Bib No</b>	<b>Name</b>	<b>Team</b>	<b>Achivement</b>	<b>Remarks</b>
1	W240	NUR AYN A NUHA BINTI MATON	UPM-MASUM	38.86m	
2	W218	PAVITHRA DEVI A/P JAYAINDRAN	PULAU PINANG	38.28m	
3	W241	NUR FATIH AH BINTI MOHD HANIFF	UPM-MASUM	36.85m	
	W217	SITI AMINAH BINTI ABDUL HADI	JOHOR		DNS

<b>Time</b>	<b>Event No</b>	<b>Event</b>	<b>Category</b>	<b>Level</b>	<b>Record</b>
10.00 a.m.	107	Shot Put	Men	Final	17.53m
<b>Position</b>	<b>Bib No</b>	<b>Name</b>	<b>Team</b>	<b>Achivement</b>	<b>Remarks</b>
1	M159	FARM LOONG DENG	PELAPIS	15.75m	
2	M162	KONG CHIN POH	SARAWAK	15.38m	
3	M163	JONAH CHANG RIGAN	SARAWAK	14.93m	
4	M157	FARIS HAZIM BIN JAMALUDIN	UPM-MASUM	12.92m	
5	M158	MUHAMMAD FAQRIEZ BIN MUHD FUZARI	UPM-MASUM	12.08m	



**MAF TRACK & FIELD 2021  
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<b>Time</b>	<b>Event No</b>	<b>Event</b>	<b>Category</b>	<b>Level</b>	<b>Record</b>
<b>10.10 a.m.</b>	<b>108</b>	<b>400m</b>	<b>Men</b>	<b>Final</b>	<b>46.41</b>
<b>Position</b>	<b>Bib No</b>	<b>Name</b>	<b>Team</b>	<b>Achivement</b>	<b>Remarks</b>
1	M128	MUHAMMAD ILHAM BIN SUHAIMI	PELAPIS	48.4	
2	M131	RUSLEM ZIKRY PUTRA BIN ROSELI	PELAPIS	48.7	
3	M129	MUHAMMAD SAIFUL SAFWAN SAIFUDDIN	PELAPIS	48.8	
4	M130	WAN MUHAMMAD FAZRI WAN ZAHARI	PELAPIS	49.2	
5	M104	PUTRA AZRUL SYAZWAN BIN AZMAN	ATM	51.4	
6	M141	MUHAMMAD HADZMIER ABDUL MUHAIIMIN	SSBJ	60.0	
	M112	MUHAMMAD AMIRUL ARIF	JOHOR		DNS
	M111	UMAR BIN OSMAN	JOHOR		DNS
	M149	CHEAH YAU CHUNG	UPM-MASUM		DNS

<b>Time</b>	<b>Event No</b>	<b>Event</b>	<b>Category</b>	<b>Level</b>	<b>Record</b>
<b>3.00 p.m.</b>	<b>109</b>	<b>High Jump</b>	<b>Women</b>	<b>Final</b>	<b>1.83m</b>
<b>Position</b>	<b>Bib No</b>	<b>Name</b>	<b>Team</b>	<b>Achivement</b>	<b>Remarks</b>
1	W229	NORLIYANA KAMARUDDIN	PODIUM	1.70m	
2	W224	NGU JIA XIN	PELAPIS	1.70m	
3	W233	YAP SEAN YEE	PODIUM	1.70m	

<b>Time</b>	<b>Event No</b>	<b>Event</b>	<b>Category</b>	<b>Level</b>	<b>Record</b>
<b>3.10 p.m.</b>	<b>110</b>	<b>Triple Jump</b>	<b>Men</b>	<b>Final</b>	<b>16.77m</b>
<b>Position</b>	<b>Bib No</b>	<b>Name</b>	<b>Team</b>	<b>Achivement</b>	<b>Remarks</b>
1	M125	BRENDON TING LI KING	SARAWAK	15.08m	
2	M132	MUHAMMAD NAZRI MUSTAFA	PELAPIS	14.76m	
3	M124	MOHAMAD SHAH SHOLIHIN AZSHAR	PERAK	14.35m	
	M105	NIK FARIEZAL ERMAN BIN NIK AB HADI	ATM		DNS



**MAF TRACK & FIELD 2021  
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Time	Event No	Event	Category	Level	Record
3.30 p.m.	111	3000m S/Chase	Men	Final	0.00624
Position	Bib No	Name	Team	Achivement	Remarks
1	M110	AHMAD LUTH BIN HAMIZAN	N.SEMBILAN	9:51.9	
2	M148	AHMAD MUHAMMAD BIN HAMIZAN	UPM-MASUM	11:36.2	
	M103	AMIRUDDIN BIN NASIR	ATM		DNS
	M147	MUHAMMAD ZAQWAN BIN MOHD YUSOF	UPM-MASUM		DNS
	M114	DAREN JAMES NAIR A/L RODNEY JAMES	SELANGOR		DNS

Time	Event No	Event	Category	Level	Record
3.45 p.m.	112	Discuss	Men	Final	62.55m
Position	Bib No	Name	Team	Achivement	Remarks
1	M160	KAMAL FARHAN	PELAPIS	47.22m	
2	M163	JONAH CHANG RIGAN	SARAWAK	43.32m	
3	M157	FARIS HAZIM BIN JAMALUDIN	UPM-MASUM	42.60m	
4	M162	KONG CHIN POH	SARAWAK	37.88m	
5	M141	MUHAMMAD HADZMIER ABDUL MUHAIIMIN	SSBJ	28.20m	
	M116	TAN JIN HENG	JOHOR		DNS

Time	Event No	Event	Category	Level	Record
4.00 p.m.	113	100m	Women	Final	11.50
Position	Bib No	Name	Team	Achivement	Remarks
1	W220	FATIN ILYANA BINTI MAT NAYAN	PELAPIS	12.1	
2	W243	NUR SARAH BINTI ADI	UPM-MASUM	12.2	
3	W206	SITI ZUBAIDAH BT ADABI	ATM	12.4	
4	W222	NURUL WARDATUL HUWAIDA HAMKA	PELAPIS	12.5	
5	W234	KIRTHANA RAMASAMY	PODIUM	12.6	
6	W227	NORASHIKIN ABAS	PELAPIS	12.7	
7	W221	SITI NORZULLAIKA BINTI RAMLI	PELAPIS	12.7	
8	W226	MAHIRA HANIS	PELAPIS	13.2	
9	W207	JASMINE LOW	WP KL	13.6	
10	W236	NUR AIN BINTI ZULKIFLI	UPM-MASUM	14.5	
	W201	SITI FATIMAH BINTI MOHAMAD	ATM		DNS



**MAF TRACK & FIELD 2021  
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Time	Event No	Event	Category	Level	Record
4.30 p.m.	114	100m	Men	Final	10.18
Position	Bib No	Name	Team	Achivement	Remarks
1	M134	JONATHAN NYEPA	PODIUM	10.4	
2	M142	MOHAMMAD RAIMI BIN MUSTAFFA KAMAL	UPM-MASUM	10.5	
3	M136	MUHAMMAD ZULFIQAR ISMAIL	PODIUM	10.5	
4	M126	LUQMANUL HAKIM KHAIRUL AKMAL	PELAPIS	10.6	
5	M138	LUQMAN HAKIM RAMLAN	PODIUM	10.8	
6	M150	KWONG KAR JUN	UPM-MASUM	10.8	
7	M102	HARITH AMMAR BIN MOHD SOBRI	ATM	10.8	
8	M132	MUHAMMAD NAZRI MUSTAFA	PELAPIS	10.9	
9	M139	ANDRE ANURA	PODIUM	11.0	
10	M135	MUHAMMAD 'AQIL BIN YASMIN	PODIUM	11.0	
11	M106	SYED ALIFF BIN SYED NOH	WP KL	11.1	
12	M143	MUHAMMAD SOLIHIN BIN JAMALI	UPM-MASUM	11.1	
13	M101	MUHD HASIF HILMI BIN M.HAZMAN	ATM	11.4	

Time	Event No	Event	Category	Level	Record
8.00 a.m.	201	Long Jump	Men	Final	8.02m
Position	Bib No	Name	Team	Achivement	Remarks
1	M139	ANDRE ANURA	PODIUM	7.10m	
2	M119	JEREMIAH UDAU DARIYUS	SARAWAK	6.52m	
3	M120	LARRY ANAK JANGUN	SARAWAK	6.37m	
4	M164	BROLYN JOEL NUMPANG	UPM SARAWAK	6.12m	
5	M155	MOHAMMAD IZZAT BIN NORDIN	UPM-MASUM	5.89m	
6	M138	LUQMAN HAKIM RAMLAN	PODIUM	5.70m	
	M121	RUEBEN VALEN SAMEN ANAK WELLIE	SARAWAK		NM
	M132	MUHAMMAD NAZRI MUSTAFA	PELAPIS		DNS

Time	Event No	Event	Category	Level	Record
8.10 a.m.	202	400m Hurdles	Men	Final	51.28
Position	Bib No	Name	Team	Achivement	Remarks
1	M131	RUSLEM ZIKRY PUTRA BIN ROSELI	PELAPIS	52.9	
2	M175	MUHAMMAD AMMAR AMAN NORAZMI	JOHOR	57.5	
	M164	BROLYN JOEL NUMPANG	UPM SARAWAK		DNS



**MAF TRACK & FIELD 2021  
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Date	Event No	Event	Category	Level	Record
8.30 a.m.	203	High Jump	Men	Final	2.30m
Position	Bib No	Name	Team	Achivement	Remarks
1	M137	LEE HUP WEI	PODIUM	2.10m	
2	M154	NORSHAFIE MOHD SHAH	UPM-MASUM	1.95m	
3	M174	MOHD FARHAN BIN AZMAN	JOHOR	1.90m	
4	M153	AMIR AFIQ BIN AHMAD ZUKI	UPM-MASUM	1.85m	
5	M117	DARRYN RADIN ANAK LUBAK	SARAWAK	1.85m	

Date	Event No	Event	Category	Level	Record
8.40 a.m.	204	800m	Women	Final	
Position	Bib No	Name	Team	Achivement	Remarks
1	W230	SAVINDER KAUR JOGINDER SINGH	PODIUM	2:14.4	
2	W235	ANIS SAHIRA BINTI MALAGUSTIN	SSBJ	2:46.0	
3	W239	AFNAN NAFIZAH NOR MOHAMED	UPM-MASUM	2:57.3	
	W215	PUSPALETCHUMY A/P JAINTHERAN	JOHOR		DNS
	W216	LYDIA CHUA JUNG WEN	JOHOR		DNS

Date	Event No	Event	Category	Level	Record
9.00 a.m.	205	800m	Men	Final	
Position	Bib No	Name	Team	Achivement	Remarks
1	M115	JEFF LIM ZHE YU	SELANGOR	2:05.3	
	M152	ANAS BIN ARIFFIN	UPM-MASUM		DNS
	M112	MUHAMMAD AMIRUL ARIF	JOHOR		DNS

Date	Event No	Event	Category	Level	Record
9.10 a.m.	206	Discuss	Women	Final	48.56m
Position	Bib No	Name	Team	Achivement	Remarks
1	W231	QUEENIE TING KUNG NI	PODIUM	50.67m	RBK
2	W232	CHOO KANG NI	PODIUM	45.25m	
3	W205	YAP JEN TZAN	ATM	40.60m	
	W244	NUR ATIQAH SUFIAH BINTI MD HANIZAM	UPNM		DNS





**MAF TRACK & FIELD 2021  
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Date	Event No	Event	Category	Level	Record
9.20 a.m.	207	200m	Women	Final	23.37
Position	Bib No	Name	Team	Achivement	Remarks
1	W203	KOMALAM SHALLY A/P SELVARATNAM	ATM	25.2	
2	W204	NURUL FAIZAH ASMA BT MAZLAN	ATM	25.3	
3	W225	ENG MAY XIN WINNIE	PELAPIS	26.5	
	W201	SITI FATIMAH BINTI MOHAMAD	ATM		DNS

Date	Event No	Event	Category	Level	Record
9.40 a.m.	208	200m	Men	Final	20.77
Position	Bib No	Name	Team	Achivement	Remarks
1	M126	LUQMANUL HAKIM KHAIRUL AKMAL	PELAPIS	21.6	
2	M128	MUHAMMAD ILHAM BIN SUHAIMI	PELAPIS	21.8	
3	M142	MUHAMMAD RAIMI BIN MUSTAFFA KAMAL	UPM-MASUM	21.9	
4	M136	MUHAMMAD ZULFIQAR ISMAIL	PODIUM	22.0	
5	M129	MUHAMMAD SAIFUL SAFWAN SAIFUDDIN	PELAPIS	22.9	
6	M101	MUHD HASIF HILMI BIN M.HAZMAN	ATM	24.4	
	M102	HARITH AMMAR BIN MOHD SOBRI	ATM		DNS
	M135	MUHAMMAD 'AQIL BIN YASMIN	PODIUM		DNS

Date	Event No	Event	Category	Level	Record
10.10 a.m.	209	100m Hurdles	Women	Final	13.27
Position	Bib No	Name	Team	Achivement	Remarks
1	W209	FARAH SYAKIRA BINTI AZIFSAFARIN	PERAK	15.4	
2	W202	RAJA NURSHEENA BINBTI RAJA AZHAR	ATM	16.7	
3	W235	ANIS SAHIRA BINTI MALAGUSTIN	SSBJ	17.7	
4	W210	BEH JIA PING	PERAK	17.8	
	W229	NORLIYANA KAMARUDDIN	PODIUM		DNS
	W208	JURIANI BINTI MAT RODZI	PERAK		DNS



MAF TRACK & FIELD 2021  
OFFICIAL RESULTS

Date	Event No	Event	Category	Level	Record
10.30 a.m.	210	110m Hurdles	Men	Final	13.67
Position	Bib No	Name	Team	Achivement	Remarks
1	M146	MUHAMMAD RIZZUA HAIZAD MUHAMMAD	UPM-MASUM	14.3	
2	M172	WONG CHUN YEE	JOHOR	14.6	
3	M127	MUHAMMAD AFTAR BIN ROSI	PELAPIS	14.6	
4	M109	ARIF ZALHASMI BIN ZAINON	PERAK	15.5	
5	M173	MUHAMMAD HAZRIQ BIN CIK MAT KILAU	JOHOR	15.6	
	M145	MUHAMMAD NAIM BIN ABDULLAH	UPM-MASUM		DNS